

STAGE 5 COURSE GUIDE 2022



Minor Elective Guide for Year 10



MESSAGE FROM THE PRINCIPAL

Dear Parent / Carer,

The Record of School Achievement (ROSA) is the credential for study completed prior to the HSC. As part of this credential, students are required to complete elective subjects. During Year 9, students have selected two 200-hour elective subjects that are completed throughout both Year 9 and Year 10. Additionally, students selected one 100-hour elective to complete in Year 9. In Year 10, students have the opportunity to select another, different 100-hour elective to complete next year.

This guide provides you with insight into the 100-hour courses offered and aspects to be considered prior to your child selecting their elective choice.

Students are encouraged to discuss their preferences and options with their families, class teachers, Year Adviser, Careers Adviser or Deputy Principal as part of a well-considered decision-making process as students give greater thought to their preparation for their senior studies and career aspirations.

Sylvania High School provides a breadth of curriculum that meets the needs of all students and every effort will be made to accommodate elective choices. It is the responsibility of each learner to engage in educational choices that reflect their interests and abilities as they develop as learners and as people.

By encouraging our students to make informed choices, we empower them to achieve.

Thank you

Mrs Renee Holz

Principal

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RECORD OF SCHOOL ACHIEVEMENT (ROSA)

The NSW Department of Education follows curriculum courses as mandated by the NSW Educational Standards Authority (NESA). If students successfully complete Years 7 to 10 they are eligible for a Record of School Achievement (RoSA) credential, issued by NESA.

To be eligible for a RoSA, students must have:

- Completed the mandatory curriculum requirements for Years 7 to 10.
- Attended a government school, an accredited non-government school or a recognised school outside NSW.
- Completed courses of study that satisfy Education Standards' curriculum and assessment requirements for the RoSA.
- Complied with the requirements from the Education Act.

Students are required to complete the following mandatory curriculum for the RoSA:

- English (400 hours by the end of Year 10)
- Mathematics (400 hours by the end of Year 10)
- Science (400 hours by the end of Year 10)
- Human Society and Its Environment (400 hours by the end of Year 10)
- Languages other than English (100 hours by the end of Year 10)
- Technological and Applied Studies (200 hours in Years 7 and 8)
- Creative Arts (200 hours by the end of Year 10)
- Personal Development, Health and Physical Education (300 hours by the end of Year 10)

Schools award each student who completes a Stage 5 course (except Life Skills and VET courses) a grade to represent that student's achievement. The grades are reported on the student's RoSA and range from A to E based on performance descriptors as outlined for each Stage 5 course by NESA.

YEAR 9 AND 10 CURRICULUM STRUCTURE 2022-2023

In Years 9 and 10 students are required to study the mandatory subjects of:

- English
- Mathematics
- Science
- PDHPE
- History
- Geography

At Sylvania High School students in Years 9 and 10 complete three additional subjects (electives).

Sylvania High School has taken the decision to build a more diverse pattern of course selection to support student learning. Educational research suggests that students in the middle years benefit from choice and the chance to experience a wide range of learning options.

ELECTIVE STRUCTURE

Students will be given the opportunity to study FOUR courses from those outlined in the following pages.

Courses can be studied either as a MAJOR – studied for two years or as a MINOR – studied for one year only.

All students will choose

ELECTIVE 1 Major - 200 hours over two years

ELECTIVE 2 Major - 200 hours over two years

ELECTIVE 1 Minor - 100 hours over one year in Year 9 only

ELECTIVE 2 Minor - 100 hours over one year in Year 10 only

	Year 9	Year 10
Elective 1 – Major (200 hours)	Continuous study	
Elective 2 – Major (200 hours)	Continuous study	
Elective 3 – Minor (100 hours)	One year only	completed
Elective 4 – Minor (100 hours)		One year only

YEAR 10 ELECTIVE EXCLUSIONS

Students should consider the following when making their selections:

- Students cannot select a course they have/are already studying; and
- Subjects should be selected in preferential order.

MAKING THE BEST CHOICE

This booklet contains information relating to all the electives being offered at Sylvania High School. Students and parents are asked to read the information and choose their elective subjects carefully.

Students should consider their interests and abilities when selecting elective subjects. There are few pre-requisite elective studies in Year 9 or 10 that impact student studies in Year 11 and 12.

Sylvania High School further supports students in making informed choices with regards to their study. Students enjoyment and attainment is best supported when they select electives that align with their interests and abilities.

In addition to this booklet students are encouraged to discuss their choices with their classroom teachers or Year Adviser, as well as parents and students in Years 9 and 10.

- Students should not allow the choices of friends to influence their decisions;
- Students should not select a subject because a student believes a particular teacher will be teaching it.

- If a student has any doubts or needs advice, they should consult their Class Teachers, Head Teachers, Year Advisor and Careers Advisor; and

REMEMBER MOST COURSES HAVE COMPULSORY FEES

SUBJECT SELECTION PROCESS

Subjects are selected electronically using the Edval Web choices system.

Students will have a link and an individual code emailed directly to their Department of Education (DoE) student email which can be accessed via the student portal at the following address: <http://student.det.nsw.edu.au>

It is imperative that students are aware of their DoE Student email address and login details. If they are unable to access their account, they are encouraged to see the Librarian.

Students will be asked to nominate ONE minor elective and ONE reserve preference. Students need to indicate their choices in order of preference.

Students will have approximately one week to record their subject preferences. It does not matter how quickly within that week they make their preferences, although students are reminded that the ranking of their preferences is important.

Please note that the offering of a subject is not a guarantee that the course will run. Final classes being run and their alignment on the timetable will be based on overall interest levels and whole-school constraints.

The electronic submission of subject choices is most important as it directs decisions regarding the viability of courses. Failure to submit an electronic subject choice may result in a student not receiving their higher prioritised subject choices.

COURSE AVAILABILITY

Once the students have completed their preference lists, the Principal and Executive team consult to determine the final number of classes and subjects running.

If a student has missed out on an elective preference for any reason, they will be counselled on options to ensure they have the required courses to complete their studies in Year 10.

CHANGES TO SUBJECTS SELECTED

In general, changes requests for Year 10 Minor Electives will not be permitted. Students are encouraged to m

Further changes after that time will not be permitted as it may make students ineligible for their RoSA.

SUMMARY OF SUBJECTS OFFERED FOR 2022

Subject	100 hours	Faculty
Aboriginal Cultural Studies	✓	HSIE – Mrs Taleb
Child Studies	✓	TAS – Mrs Henderson
Drama	✓	Performing Arts – Mrs Garioch
Eco Rangers	✓	HSIE – Mrs Taleb
Fashion (Textiles Technology)	✓	TAS – Mrs Henderson
Food Technology	✓	TAS – Mrs Henderson
French	✓	LOTE – Mrs Williams
Graphics	✓	TAS – Mrs Henderson
Greek	✓	LOTE – Mrs Williams
History Mystery and Forensics	✓	HSIE – Mrs Taleb
Industrial Technology - Timber	✓	TAS – Mrs Henderson
Industrial Technology - Multimedia	✓	TAS – Mrs Henderson
Physical Activity and Sports Studies	✓	PDHPE – Mr Porter
Work Education	✓	HSIE – Mrs Taleb

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Minor Elective Information Guide (Year 9 2021)

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HUMAN SOCIETY AND ITS ENVIRONMENT (HSIE)

ABORIGINAL CULTURAL STUDIES

100 h

Aboriginal Cultural Studies is an exciting course that gives students the opportunity to study Australian Aboriginal cultures.

Social and cultural issues affecting Aboriginal Australians will be explored.

The course includes a core study on understanding culture and diversity in today's world, as well as options including but not limited to:

- Aboriginal Identities
- Aboriginal Self Determination & Autonomy
- Aboriginal People's and the media
- Aboriginal People's and technology

Aboriginal Cultural Studies will appeal to students with an interest in Australian Aboriginal and cultures and those who have a keen sense of empathy or a passion for social justice. It develops an understanding and appreciation of the culturally diverse society in which we live. Students gain an understanding of how social structures and culture informs people's worldview: their attitudes, behaviour, rituals and physical structures.

Students will have the opportunity to complete multimodal personal interest projects. The course will include culture-related incursions and excursions to museums, cultural centres and other cultural events. Contributions from expert teachers from across Sylvania High School and opportunities for students to communicate with students at Wilcannia Central School

It will be highly relevant and interesting to students who are considering studies in Geography, Society and Culture, Ancient History, Modern History, Extension History, Legal Studies, Business Studies, Economics or any language in the senior school.

Course Fee: nil

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TECHNOLOGICAL AND APPLIED STUDIES (TAS)

CHILD STUDIES

100 h

This 100-hour elective caters for the needs of students who are interested in a career working with children. Career opportunities may include working in childcare centres, pre-schools, teaching or social work.

Students will be able to:

- Identify the stages in development of a child from conception to age 5.
- Recognise the responsibilities of the carer in a child's creation and development.
- Assess the range of childcare resources available.
- Demonstrate a knowledge of appropriate communication skills with children and adults.
- Identify the nutritional needs of children.

Students will study the following modules:

- Preparing for parenthood
- Conception to birth
- Newborn care
- Food and nutrition in childhood

Students will be involved in a variety of practical experiences such as visiting childcare centres, through the school's Volunteer Program, guest speakers and practical activities within the classroom.

Course Fee: \$40 per year

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PERFORMING ARTS

DRAMA

100 h

The aim of Drama in Year 10 is to engage and challenge students to maximise their dramatic abilities and enjoyment through making, performing and appreciating dramatic and theatrical works. Drama is a form of action in which some aspect of human experience is portrayed. It is an exploration of experiences and situations through enactment. In Drama, students learn about themselves and others by creating characters and situations. Drama provides a powerful means of exploring the way people respond to different situations, issues and ideas. Drama provides a valuable means of increasing self-confidence and social awareness. Drama is a cooperative process through which students develop their ability to share and communicate.

Course Content

The aim of the course is to provide students with experiences in which the intellect, the emotions, the imagination and the body are all involved and developed through expression, performance, observation and reflection. The areas that will be studied are:

- Improvisation;
- Play building.
- Dramatic forms.
- The reading and writing of scripts as text for performance.
- Performance spaces and conventions of theatre.
- Technical aspects of production.
- Experience of dramatic presentations; and
- Discussion, reading and writing about drama and theatre.

Students will be assessed on their participation and skills demonstrated in workshops, group performances, solo performances, design work and technical productions. All students keep a logbook of activities undertaken in class.

Additional Information

Students are given the opportunity to participate in a range of performance situations including drama nights, regional festivals, and performances for other students and attending professional productions.

Prior experience is not required to do this subject, but students need a sense of fun and a willingness to participate. Excursions to see productions are a feature of this course and students are strongly encouraged to attend as part of the development of their own skills. Students will need a logbook.

Course Fee: \$30

“Serve, learn, change the world”

Eco Rangers is a practical 100-hour course which develops students' leadership skills and gives hands on experience to complete a variety of projects and opportunities. The subject is especially suited to gifted and talented students; however, all abilities can benefit greatly through project-based learning.

Eco Rangers is designed to not only interest students but prepare them for life as responsible global citizens of the future. This course will develop student passion for discovery and the realisation that students really can make a difference and have an active voice in the world in which we live.

Course Content

Students investigate content through special projects centred around:

- Sustainability
- Leadership
- Global inequalities
- Energy saving
- Gardening/ hydroponics
- Student voice

Additional Information

- Students will be involved in a variety of fieldtrips and guest speakers will visit the class regularly.
- A five-day field trip to an Australian place of interest such as Central Australia Kakadu National Park or the Great Barrier Reef may be possible if students are interested.
- Students develop a leadership portfolio documenting their leadership activities as well as having the opportunity to develop their ICT skills and pursue the Duke of Edinburgh award.

Course Fee: nil (excursions additional)

TECHNOLOGICAL AND APPLIED STUDIES (TAS)

FASHION (TEXTILES TECHNOLOGY)

100 h

We all like to wear nice clothes and be fashionable. Fashion will teach students about fibers and fabrics and about how fashion can change due to many influences. It looks at the fashions of today, the past and the future.

Fashion allows students to develop problem solving skills while at the same time encouraging creativity and individuality in design. Students can show these skills through the construction of garments, presentation of work in portfolios, use of colour in design, surface decoration of textile articles (e.g.- appliqué, fabric painting, screen printing and patchwork), fabric dyeing and printing, just to name a few.

Practical experiences are an important and major part of this course and students will have the opportunity to plan and make many different textile-based products for themselves, the home and for others.

Career Possibilities: Fashion Designer, Interior Decorator, Fashion Retail, Consumerism, Marketing, Clothing and Textiles Manufacture, Graphic Artist, Fashion Magazines.

There are three areas of study: Design, Properties and Performance of Textiles, Textiles and Society. The relevant content from each area of study and the project work will be selected and integrated when creating a unit of work.

The focus areas are:

Apparel – clothing and accessories such as shoes, hats, jewelry and belts.

Furnishings – cushions, curtains, bedspreads, lampshades, quilt covers, bed linen, chair coverings, table linen, and beanbags.

Costume – theatre costumes, masks, folk and traditional costumes, fancy dress and dance costumes.

Textile Arts – wall hangings, fabric-based artworks, embroidery, wearable design.

Non-apparel – book covers, toys, bags, umbrellas, tents, backpacks, sleeping bags

Course Fee: \$50 per year

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Food Technology has an emphasis on food preparation techniques based on nutrition, food habits, technological change in food processing, packaging and food service and catering. Through practical preparation and presentation of food, students acquire the knowledge and skills to plan balanced diets, and to design and make nutritious meals and snacks.

Through a study of nutritional requirements of different groups of people over the lifespan, students will learn how to choose, use and prepare suitable foods to meet specific requirements. The functions of food and nutrients in the diet will be studied, and students will gain knowledge of the marketplace. The commercial aspect of Australian foods is investigated such as innovations and technological change.

Practical food preparation experiences include domestic and commercial preparation of food. This course is relevant for students who have an interest in food and nutrition at a personal level, as well as for those students who may in the future wish to pursue study in the food service and hospitality industries.

Course Outcomes

- Prepare logical sequenced plans of action for a variety of food activities.
- Demonstrate communication and teamwork skills.
- Select and use a variety of food preparation techniques and equipment proficiently.
- Present oral and written reports about food technology using appropriate terminology.
- Demonstrate the use of equipment to provide a safe work environment; and
- Display research and report writing skills.

Course Content

Students studying this course will study topics such as:

- Food and an Australian Identity.
- Food for Special Occasions.
- Food and Nutrition.
- Food Display.
- Food for Special Needs.
- Food Service and Catering.
- Food and Convenience.
- Food Product Development; and
- Food & Social Justice.
- Food as a Small Business.

Course costs are compulsory as they cover purchase of cooking materials
Students are required to wear an apron and must have fully enclosed leather shoes.

Course Fee: \$115 per year

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LANGUAGES

FRENCH

100 h

The study of French aims to promote further interest, knowledge and language development for students. Activities in reading, writing, speaking, listening, grammar and vocabulary are included in units of work designed to enhance insights for students into aspects of the culture of the French-speaking world as well as the French language.

This course enables students to communicate with others in French, and to reflect on and understand the nature and role of language and culture in their own lives and the lives of others.

Some units of work to be covered are:

- All about me, my family and school
- Daily routine
- Places and directions around town
- Describing people
- Leisure activities
- Celebrations
- Holidays and weather

Online resources including language learning websites, YouTube, video dialogues, interviews, songs and films, are used to supplement the basic course material

By the end of Year 10 students will be able to communicate on a simple level with French speakers and have the knowledge required to embark on senior French. Students will also be able to consider exchange programs with French speaking countries. During their study of French, they will have the opportunity to experience French culture by tasting foods and visiting cultural venues in Sydney.

Furthermore, to put all their learning into practice and expose students to the richness of the French traditions and culture, an overseas study tour to New Caledonia or France will occur in the future.

Homework

Regular homework will be given in small amounts per week. In addition to completing specific homework exercises, students should revise earlier work to consolidate their learning. Homework usually takes the form of completing grammar and vocabulary exercises, reading and listening comprehension, extended writing as well as speaking dialogue preparation including pronunciation practice

Course Fee: \$40 per year

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TECHNOLOGICAL AND APPLIED STUDIES (TAS)

GRAPHIC DESIGN

100 h

This course teaches students to communicate information in a diverse range of areas such as orthogonal drawing, symbols and logos, pictorial drawing, course plotting, model design, perspective drawing, engineering drawing, architectural drawing and product drawing. They engage in both manual and digital forms of image generation and manipulation to develop a wider knowledge of graphics applications. Graphics Technology also develops students' technical and visual literacy equipping them for participation in a technological world.

Technical drawing is particularly useful to students who wish to follow a career in engineering, architecture, building industries, trades or design. It is also useful for those students who wish to broaden their general education with an interesting and practical subject.

Career possibilities:

Engineering, Sign writer, Computer Technician, Surveying, Builder, Shipwright, Town Planner, Architect, Carpenter, Sheetmetal Worker, Drafting, Plumber, Metal Machinist, Designer, Boilermaker, Jeweler.

Course Content

In this course, design and planning procedures will be developed enabling students to follow Graphics, Multimedia and /or Computer Aided Drafting and design through the HSC, TAFE and University levels.

A combination of technical drafting skills, freehand drawing and instrument drawing will be taught to both compliment and reinforce computer-aided design, drafting and manufacture.

It is anticipated that during the course students will experience architectural drawing, product drawing, engineering drawing and landscape drawing. Some airbrush graphics will also be taught

As this is a practical subject a fee is required to cover the cost of basic materials provided to assist students in the completion of their portfolio.

Course Fee: \$15 per year

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LANGUAGES

GREEK

100 h

This course aims to expand student's knowledge of Greek, giving them the opportunity to further develop their skills to better understand and interact with Greek materials and their communication skills.

Students will focus on language as systems and gain insights into the language and culture, leading to lifelong personal, educational and vocational benefits.

The cultural component is fundamental to all our classes and we will be indulging into Greek cooking, cultural events and exhibitions.

Some units of work to be covered are:

- All about me
- Hobbies and Interests
- Daily Routines
- Food Culture
- Our local area
- Getting around
- School life
- Talking about the past

Assessment

Students will be assessed in tests, assignments and classroom activities that develop students' listening, reading, speaking and writing skills, as well as their cultural understanding.

Other educational activities

Excursions are organised to restaurants, Greek cultural events and exhibitions, and films. Overseas study trips may be organised.

Homework

Homework may be given at the end of every lesson in the form of workbook exercises to reinforce the content learnt that day, written tasks, preparation for classroom quizzes, internet research, and tasks that consolidate what they have learnt during the week. This is to ensure that students develop confidence in their language skills, in particular, writing scripts.

Course Fee: \$40 per year

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HUMAN SOCIETY AND ITS ENVIRONMENT (HSIE)

HISTORY MYSTERY AND FORENSICS

100 h

History is the key to understanding of the past, the world we live in today and even the future. HMF gives students the opportunity to become the Crime Scene Investigator, the Detective, the active Australian citizen and the Forensic Archaeologist.

HMF is a course designed to not only interest you but also be of relevance to your life and the world you live in. HMF presents information and ideas that help shape your values and attitudes. Key learning areas include:

- Exploring the art of Forensic Investigation.
- Differing fact from fiction in society.
- Solving mysteries and unsolved crimes.
- A study of Sydney and its people.

Students investigate topics such as:

- Who was Jack the Ripper?
- The role of Forensics in Australian Mysteries-
- Azaria Chamberlain, Graeme Thorne
- Romans Behaving Badly
- Maritime Archaeology – Shipwrecks, Piracy and the Titanic

Additional Information

Students require a notebook

It is anticipated that students will participate in a field trip to evaluate historical sources and uses them in an historical inquiry. The cost of this field trips will vary, depending on venue availability and price changes

Please note that this is an entirely separate course to the Mandatory History course and there is NO overlap of course content.

Course Fee: nil

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This is a practical course based on projects that are designed to introduce students to a range of publishing multimedia concepts. Students participating in this course may be involved in production for the school website, presentations for assemblies and school events. The emphasis is on producing products that have a real use and relevance to the students involved. Production of photographic, video, desktop publishing and web material is a major part of the course.

The focus area provides opportunities for students to develop knowledge, understanding and skills in relation to publishing, photojournalism and the use of digital multimedia.

Topics to be covered include:

- digital photography and photojournalism.
- manipulation of images using Adobe Photoshop.
- design and maintenance of websites.
- digital video production techniques and film production.
- publishing software and magazine design.
- publishing software and magazine design.
- Microsoft PowerPoint as a presentation tool; and
- audio mixing and podcasting basics.

Additional Content

Students are expected to have their own laptop device for these subjects. Most of the software covered in these courses is available for free installation on student devices. See the BYOD page on the school's website for more information on how to access the software and BYOD specifications.

Course Fee: \$35 per year

Australian Red Cedar, Jarrah, Tasmanian Oak, Huon Pine, Kauri, Coachwood, Tasmanian Blackwood are all names synonymous with quality Australian cabinetwork and turning. In Industrial Technology - Timber students will be introduced to a wide range of woodworking knowledge and skills that will enable them to develop a lifelong appreciation of timber and the articles that can be produced from it.

In Industrial Technology - Timber the practical work involves using hand tools and portable power tools such as: drills, routers, biscuit jointers and sanders. Fixed machinery includes woodturning lathes, scroll saws, overhead router and the most recent additions to the workshops, an industrial sliding panel saw and thicknesser.

Students will learn to:

- Demonstrate safe workshop practices
- Use hand and power tools correctly
- Determine the most suitable processes for working timber
- Design and construct projects
- Gain personal satisfaction through workshop experiences
- Recognise good craftsmanship.

The projects that may be undertaken in Industrial Technology -Timber include document and jewellery boxes, trays, clocks, toys, turned platters and bowls, coffee tables, computer desks and outdoor furniture.

Industrial Technology - Timber provides an excellent background for students who may wish to pursue careers in Architecture, Interior Design, Building, Carpentry or Cabinet making.

Additional Information

Leather school shoes and an apron must be worn.

Students must purchase their own safety glasses.

As this is a practical subject, a fee is required to cover the cost of basic materials provided to assist students in the completion of their portfolio and cover purchase of materials.

Course Fee: \$70 per year

The aim is to enhance the students' capacity to participate effectively in physical activity and sport, leading to improved quality of life for themselves and others.

Course Description

Students develop a broad understanding of physical activity and the many possible contexts in which individuals can build activity into their lifestyle to improve health and wellbeing. Students build on the experiences and understanding developed through the mandatory PDHPE course.

What will students learn about?

The course includes modules selected from each of the following three areas of study:

Foundation of Physical Activity

- Body systems and energy for physical activity
- Physical activity for health
- Physical fitness
- Fundamentals of movement skill development
- Nutrition and physical activity
- Participating with safety

Physical Activity and Sport in Society

- Australia's sporting identity
- Lifestyle, leisure and recreation
- Physical activity and sport for specific groups
- Opportunities and pathways in physical activity and sport
- Issues in physical activity and sport

Enhancing Participation and Performance

- Promoting active lifestyles
- Coaching
- Enhancing performance – strategies and techniques
- Technology, participation and performance
- Event management

Opportunities also exist for students to:

- Become more familiar with all equipment used in a human performance
- Laboratory work with weight training equipment
- Participate in sports not offered in PD/H/PE.

Course Fee: \$45 per year

What are your plans when you leave school? Do you want a job or to complete further study? How employable are you? Have you got what it takes in today's ever-changing, technology-based world of work?

Work Education helps students find answers to these questions and more. Students develop knowledge and skills that will be of value to them when they leave school – whether that be university, TAFE or straight into work.

In this course students will learn about the world of work and the changing nature of the workplace. They will explore both paid and unpaid work and the range of education, employment and training opportunities available to them.

Students will identify their interests, abilities and values to help them work out their future goals as they develop their career path.

Course Content

- Investigating the world of work.
- Workplace Rights & Responsibilities.
- Workplace Safety.
- Transition & Wellbeing.
- Workplace Issues.
- Enterprise Initiatives.
- Entrepreneurial.
- Managing Finances.
- Planning for a Working Life.
- A Work Portfolio.
- Workplace Literacy & Numeracy; and
- Contemporary Workplace Issues.

Additional Information

Students require a workbook, display folder and a USB. As part of the course, students are required to complete a work experience placement.

Course Fee: \$30 per year

SYLVANIA HIGH SCHOOL

PERSONAL RECORD OF MY ORIGINAL YEAR 10 PREFERENCES

NAME: _____

English CLASS: _____ (egg: 8Y) E-Mail Address _____

Your Year 9 Courses are:

200h Elective 1 _____

200h Elective 2 _____

100h Yr 9 Elective _____

Your elective preferences (in order of importance):

Preference	WRITE THE COURSE HERE
1	
2 (reserve)	
Other courses I was considering	

Remember that you will only complete ONE additional minor elective; preference #2 is your reserve. However, you may not get preference 1 or 2 so your reserves may end up as your subjects.

This is your personal copy. Keep this copy as a record.
Submit your elective selection via the web address on the due date.