# PDHPE Course Outline: Year 7

A guide for parents and students.
This outline is linked to the Course Assessment Schedule.

<table>
<thead>
<tr>
<th>Term</th>
<th>Week</th>
<th>Topic/Unit</th>
<th>Theory</th>
<th>Movement</th>
</tr>
</thead>
</table>
| 1    | 1    | New Environment |        | G: Gymfun  
New Challenges | B: Volleyball/Basketball  
(Court games) |
|      | 2    |             |        | Cross Country |
|      | 3    | Lets get Active | Faster, Higher, Further | G: Hockey  
(Track & Field)  
B: Soccer |
|      | 4    |             |        | G: Hockey  
(Track & Field)  
B: Soccer |
|      | 5    |             |        | Dancing with Kaz |
|      | 6    | Healthy decisions  
Drug use | Dancing with Kaz |
|      | 7    |             |        | B: Hockey  
(field Games)  
G: Soccer |
|      | 8    |             |        | B: Touch  
(field Games)  
G: Netball |
|      | 9    | Water and wheels | B: Netball  
(Invasion Games)  
G: Touch |
|      | 10   |             |        | Striking Games |

Prepared by the PDHPE Staff